

WAM Swim Club Lesson Registration Form

Level 1: Water Exploration- Child has little or no experience with the water. Children will be comfortably oriented to the water and taught basic pool safety. Skills taught include submerging face, bubbles, bobbing, assisted front and back float, kicking on front and back, and personal safety.

Level 2: Primary Skills- Student is able to float without support, put their head in the water, and is comfortable in the water. Students will learn to float independently front to back, flutter kick, and locomotion skills.

Level 3: Stroke Readiness- Student is ready to learn front crawl, back crawl, and treading water. Student will also learn rules for safe diving and additional safety rules.

Level 4: Stroke Development- Student will develop the skills learned in level 3, including front crawl, back crawl, elementary backstroke, and breaststroke. Student will increase their endurance at this level.

Level 5: Stroke Refinement- Student will be introduced to butterfly, open turns, the feet-first surface dive, and springboard diving. Student will increase distance in the front and back crawl and perform the sidestroke and breaststroke.

Level 6: Skill Proficiency and Advanced Skills- Student will polish strokes to increase ease, efficiency, power, and smoothness over greater distances. Additional turns, and surface dives will be introduced.

Level 7: Advanced Skills- Teaches butterfly, advanced turns, and long distance swimming. Refines all skills and strokes. Works on body strength.

Fee is \$50 per Session per Swimmer.

Lessons are held at **Grafton High School Pool**. Completed forms can be turned in on the first day of lessons. You may also register by calling Steve Schiessl at 920-286-2306.

Child's Name _____ **Age** _____

Skill Level	Pick a Session	Session Times	Session
Level 1	Mon - Thur Session (8 Lessons)	10:15-11:00am	June 16,17,18,19 June 23,24,25,26
Level 2			
Level 3			
Level 4			
Level 5	Mon - Thur Session (8 Lessons)	11:15-12pm <i>All Skill Levels in Both Sessions</i>	June 16,17,18,19 June 23,24,25,26
Level 6			
Level 7			

Swim Lesson Waiver-Must Be Completed prior to participation

I, the Undersigned, certify that I am the Parent/Guardian of above named Participant, and that he/she has permission to participate in this activity. I agree to assume full responsibility for any injuries incurred by him/her in connection with this activity.

Should a medical emergency arise, the Parent/Guardian will be notified immediately. If the undersigned is not available for consultation, permission is granted for the WAM, Inc. Staff to obtain treatment as deemed necessary.

Furthermore, the Undersigned understands that all damages caused by the above named minor shall be paid by the Minor or Undersigned, to the owner(s) of damaged item(s).

Undersigned also realizes that he/she will be contacted immediately if the minor fails to comply with acceptable rules of conduct.

The Undersigned, in consideration of participation of this activity, agrees to indemnify and hold WAM Swim Club harmless and release its officers, employees, and agents from any and all liability for any injury arising out of or in any way connected with participation in this activity.

We have read and understand the policies and conditions of this activity and signify our agreement and approval with our signature.

Parent's Name _____

Parent Signature _____

Address _____ Date _____

Day Phone _____ Other phone _____

Emergency Contact and Phone _____

Email address _____

The opinions expressed (information provided) is not sponsored or endorsed by the school district or its personnel.